



## CONFIDENTIALITY CONTRACT

Contents of all therapy sessions are considered to be confidential. Both verbal information, art work and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. Noted exceptions are as follows:

### **Therapist's Duty to Warn and Protect**

When a client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities.

### **Abuse of Children and Vulnerable Adults**

If a client states or suggests that he or she is abusing a child, a vulnerable adult or has prenatally exposed a child to controlled substances the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

### **Minors/Guardianship**

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

### **Insurance Providers (when applicable)**

Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

I understand and agree to the above limits of confidentiality,

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Client Signature (Client's Parent/Guardian if under 18)

Today's Date: \_\_\_\_\_